

S E R E N A D E VI



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Music : available on STAR 172 record from Palomino Records e-mail : d-doi@tcp-ip.or.jp
Rhythm : Waltz Phase VI **Speed** : 29 MPM
Sequence : Intro - A - B - Int - A - B - B - Ending **Footwork** : Opposite except where noted
Timing : 123 unless noted by side of measure **Released** : Oct, 2008 **Ver.** 1.1

INTRO

1 - 4 WAIT; BK BK/LK BK; HEEL PULL RUMBA X TO HESIT CHG;;;

1 {Wait} CP RLOD lead ft free wait 1 meas;
12&3 2 {Back Back/Lock Back} Bk L to CBMP, bk R/lk LIF, bk R end Bjo RLOD;
123&123 3-4 {Heel Pull Rumba Cross To Hesitation Change} Bk L comm trn RF, cont trn on L pull R heel bk and slightly apart to L and transfer wgt to R, fwd L long step with left shoulder lead with left sd stretch/XRIB cont trn on toes with left sd stretch; cont trn bk L, cont trn sd R, draw L to R (W fwd R comm trn RF, cont trn sd L, bk R/cont trn XLIF on toes; cont trn fwd R between M's feet, cont trn sd L, draw R to L) end CP DLC;

PART A

1 - 4 DBL TELESPIN TO CL;;; L TIPPLE CHASSE PVT;

123 1-3 {Double Telespin To Closed} Fwd L comm trn LF with right sd stretch, fwd & sd R cont trn & stretch, sd & bk L with partial wgt; rotate upper body LF/take full wgt to L spin LF no sway, sd R cont trn with right sd stretch, sd & bk L with partial wgt; rotate upper body LF/take full wgt to L spin LF no sway, sd R cont trn, bk L (W bk R comm trn LF, cl L heel trn, fwd R cont trn, keep right sd twd M fwd L/R, toe spin LF on R and cl L, fwd R cont trn; fwd L/R, toe spin LF on R and cl L, fwd R) end CP RLOD;
12&3 4 {Left Tipple Chasse Pivot} Comm upper body trn LF bk R, cont trn sd L with right sd stretch/cl R, cont trn sd & fwd L pivot LF to fc RLOD;

5 - 8 BK TO THROWY OVRSWAY;;; LINK TO SCP; CHAIR & SLIP;

5-6 {Back to Throwaway Oversway} Bk R trn LF, sd & fwd L, relax L knee keep R ft pt sd & bk; with left sd stretch keep looking at ptr,-,- (W fwd L trn LF, sd & fwd R to momentary SCP, cont trn relax R knee; slide L ft bk under body past R and pt bk look well left,-,-);
7 {Link To SCP} Rise on L blend to CP, cont rise cl R on toes, sd & fwd L to SCP DLW;
8 {Chair & Slip} Lunge thru R, rec L no rise, slip bk R (W swivel LF on R step fwd L) end CP DLC;

9 - 12 OPN TELE; WHIRLIGIG;;;

9 {Open Telemark} Fwd L comm trn LF, sd R cont trn, sd & fwd L (W bk R comm trn LF bring L beside R with no wgt, cl L heel trn, sd & fwd R) end SCP DLW;
10-12 {Whirligig} Thru R , trn RF sd L to fc DRW, keep W in SCP XRIB to fc DRC make W bk in fallaway pos (W thru L, fwd R between M's feet trn RF, bk L to fallaway pos) end SCP DRW; comm twist 1/2 RF on both feet, cont trn, cont trn and shift wgt to L (W keep head to left walk around M bk R, L, R) end SCP DLW;
12&3 walk arnd W fwd R, L/R, sd & fwd L (W XLIF of R, twist on ball of both feet/cont trn shift wgt to L, sd & fwd R) end SCP DLC;

13 - 16 WHIPLASH; BK WHISK; BIG TOP; CHG OF DIR:

- 13 {Whiplash} Thru R, trn body slightly RF pt L sd & fwd, hold (W thru L, swivel LF to fc ptr pt R sd & bk, hold) end Bjo DLC;
- 14 {Back Whisk} Bk L, bk & sd R, XLIB on toes with slightly sway left (W fwd R outsd ptr, fwd & sd L, XRIB on toes with slightly sway right) end tight SCP DLC;
- 12&3 (1&23) 15 {Big Top} Thru R comm spin LF with right sd stretch, cont spin on R/XLIB with no sway, slip bk R (W thru L comm spin LF/fwd R around M's left sd, cont spin on R brush L to R, fwd L) end CP DLW;
- 16 {Change Of Direction} Fwd L, fwd R with right shoulder lead trn LF, draw L to R end CP DLC;

PART B**1 - 4 OUTSD CURVING 3; REV ROYAL SPIN; UNDERTRN CL TELE; NAT TELE:**

- 1 {Outside Curving Three Step} Fwd L comm trn LF, fwd R with right sd stretch cont trn blend to Scar Pos, fwd L outsd ptr end Scar RLOD;
- 2 {Reverse Royal Spin} Comm LF body trn with left sd lead sm bk R toe in, fwd L outsd ptr cont trn, with right sd lead sd & fwd R cont trn (W comm LF body trn with right sd lead fwd L outsd ptr, cont trn ronde R CCW bring R to L knee toe pt down, tch R to L) end Scar DRC;
- 3 {Underturn Closed Telemark} Fwd L, fwd & sd R around W close to W's ft trn LF, sd & fwd L twd DLW (W bk R, cl L heel trn, sd & bk R twd DLW) end Bjo DLW;
- 4 {Natural Telemark} Fwd R comm trn RF, sd L with left sd stretch cont trn, sd & fwd R (W bk L comm trn RF, cl R heel trn with right sd stretch, cont trn sd & slightly bk L) end Scar DLC;

5 - 8 REV WING; DBL NAT; CHKD NAT SLIP; DBL REV WING:

- 5 {Reverse Wing} XLIF twd LOD, draw R to L with RF upper body trn, cont body trn tch R to L with left sd stretch (W comm RF upper body trn bk R, sd L across M, fwd R outsd ptr in CBMP) end Bjo DLW;
- (12&3) 6 {Double Natural Spin} Fwd R outsd ptr comm trn RF, fwd & sd L cont trn with spinning action, tch R to L (W bk L comm trn RF, cl R heel trn/sd & fwd L around M, fwd R outsd ptr) end Bjo DLW;
- 7 {Checked Natural Slip} Fwd R outsd ptr comm trn RF, blend to CP sd & fwd L on toe cont trn chkg fwd motion with sway left (W cl R heel trn then rise to toes cont trn), trn LF rec bk R cont trn end CP LOD;
- (12&3) 8 {Double Reverse Wing} Fwd L comm trn LF, sd R, spin LF on R bring L under body beside R no wgt (W bk R comm trn LF, cl L heel trn/cont trn fwd R, fwd L) end Scar DRW;

9 - 12 SLO X SWIVEL; UNDERTRN NAT HVR X;; TOP SPIN:

- 9 {Slow Cross Swivel} Fwd L outsd ptr in Scar, swivel LF on L pt R bk, hold end Bjo DLW;
- 10-11 {Underturn Natural Hover Cross} Fwd R comm trn RF, sd L cont trn with left sd stretch, cont trn sd R with body trn RF to fc DLC (W bk L comm trn RF, cl R heel trn, con trn sd L with body trn RF to fc DRW); with right sd stretch fwd L outsd ptr on toe, rec R with left sd lead trn LF/sd L, XRIF twd DRC end Bjo DRC;
- 12 {Top Spin} With toe spin LF on R bk L twd DLC, slip bk R/cont trn sd & fwd L, cont trn fwd R outsd ptr end Bjo DLC;

13 - 16 CHKD REV; SPIN & TWIST;; BOX FIN;

- 13 {Checked Reverse} Fwd L, fwd R on toe trn LF with right side stretch, checking fwd motion with no stretch but sway to right (W bk R, cl L to R rise to toes trn LF, checking bk motion);
- 14-15 {Spin & Twist} Bk L pivot RF with left side stretch, fwd R cont trn, sd L twd Wall no sway (W fwd R between M's feet pivot, bk L cont trn, cl R to L);
- 1&23 XRB with only pressure not full wt/unwind RF chg wt to R no sway, cont unwind, sd & bk L (W fwd L/R arnd M, fwd L trn RF, fwd R between M's feet) end CP DLW;
- 16 {Box Finish} Bk R trn 1/4 LF, sd L, cl R end CP DLC;

INTERLUDE

1 - 2 SLO CONTRA CHK; SLO REC TCH;

- 1 {Slow Contra Check} Comm LF upper body trn flex knees with strong right sd lead pt L fwd with partial wgt, take full wgt to L in CBMP, extend (W look well left);
- 2 {Slow Recover Touch} Rec R, tch L to R, hold end CP DLC;

REPEAT PART A

REPEAT PART B

REPEAT PART B

END

1 - 4 OPN TELE; OPN NAT; BK PREP TO SAME FT LUNGE;;

- 1 {Open Telemark} Repeat meas 9 Part A;
- 2 {Open Natural} Thru R comm trn RF, sd L, cont trn bk R to CBMP lead W to step outsd ptr (W thru L, fwd R, fwd L to CBMP) end Bjo RLOD;
- 3 {Back Preparation} Bk L comm trn RF, tch R to L cont trn to fc COH, hold (W fwd R comm trn RF, sd L cont trn to fc DRW, tch R to L);
- 4 {Same Foot Lunge} Lower on L with slight sway left while reaching R sd with toe pointing DLC, transfer wgt to R soft knee comm stretch upward, cont stretch sway right look at ptr (W XRB well under body, trn body to left, head well left);